

# LAINIE "SEVANTE" WULKAN AKA THE FOOD ORACLE



Intuitive Food  
Therapist  
Energy Healer,  
Author, Radio  
Show Host



Lainie "Sevante" Wulkan is the Founder of CIFT - Center for Intuitive Food Therapy™. She's the Co-Author of The Food Healing Oracle Deck®- Nourishing Wisdom from Mother Earth, Vol I, Second Helpings, Vol II and Smoothies – Nourishing Wisdom Beyond the Blend, which teaches intentional eating for emotional, mental, physical and spiritual (EMPS) Wellness.

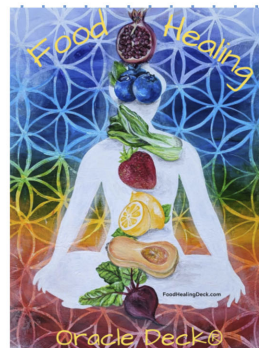
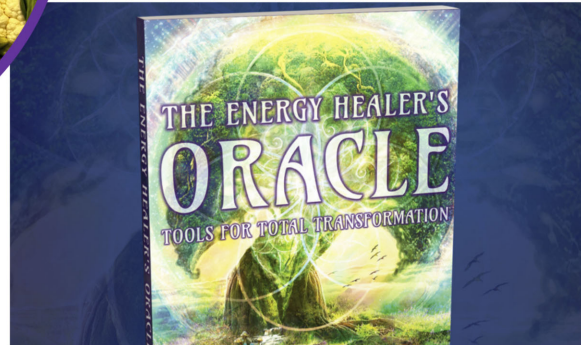
As predestined, she has been a life-long foodie, working early on in Hollywood's top Vegetarian Kitchen for such mega A-listers as Michael Jackson, Barbra Streisand, Al Pacino, James Cameron, Michael J. Fox and Sikh Guru, Yogi Bajan. She holds a Bachelor of Science degree in Food Science, Nutrition and Dietetics from California State University Northridge's renowned Food Science Center and is a Certified Advanced Food Healing Instructor from Jeff Primack's Conquering All Disease Program in which she graduated at top of her class.

She's a fourth generation intuitive and has been providing oracle and tarot readings her entire life. As an Advanced Theta Healer, she combines her energy healing and oracle readings in her private sessions to unlock subconscious beliefs and discover the areas of stagnation to allow greater flow and health for your mind, body and spirit.

The Food Healing Oracle Deck® teachings led to online classes that include a Food Healing Oracle Deck® Reader's Certification Program, how to eat through the eyes of Archangels & Ascended Masters, Tarot's Major Arcana and Food, Archetypes, Conquering Your Cravings and how food connects to crystals, essential oils, nature's five elements and the chakra system.

Sevante is a Spiritual Recording Artist for meditation and activations, including the Amazon #1 bestselling series, Gulf Coast Meditations, a five-album series to awaken and soothe the soul.

She lives on a quiet Island in Southwest Florida with her Husband, four legged brood amongst the wild peacocks, gators, raccoons and other jungle critters in tropical paradise.





“Lainie Sevante Wulkan” is truly connected to source. Having a session with her brought me to a new level of peace, understanding and clarity. I feel renewed in my spirit to move forward with the decision before me”  
**J. Deming - Corp Executive**

“The Food Healing Oracle Deck® is one of my favorite tools for self-discovery, personal growth, and connecting to the wisdom of food...I appreciate having a resource that speaks the language I speak when it comes to nourishing my mind, body, and soul.” **K.Givehand - Healer, Teacher & Poet**


## Social Media

 [www.centerforintuitivefoodtherapy.com](http://www.centerforintuitivefoodtherapy.com)

 CIFT – The Center for Intuitive Food Therapy

 Nourish Your Soul Show

 Food Healing Deck

 Nourish your soul show

 CIFT – The Center for Intuitive Food Therapy

“Sevante’s Level II Certification brings you to a deeper wisdom from within the Soul. It is a course for the awakened and advanced Soul ready to know more.” **S. Chamberlain, PhD - Energy Healer & Coach**

## TOPICS

- Intuitive Food Therapy™
- Spirit's Deeper Messages of Food
- Living a Live of Abundance through Nature's Five Elements
- Navigating the hero's journey of Tarot through the Eyes of Food
- High Vibrational Eating - Nourishing your Body Temple
- Connecting Colors, Chakras and Eating to the Angelic Rays of Light
- Energizing our Chakras through Food
- The Role Food Plays in our Emotional Well - Being

## QUESTIONS:

- What is the mission of CIFT?
- Is Intuitive Food Therapy™ a recognized modality?
- Tell us about The Food Healing Oracle Deck series®
- How are you bridging Spirit & Science together?
- What is EMPS Wellness? How does Food play a role?

## AS SEEN IN :

- Natural Awakenings
- News Press (Part of the USA today network)
- E.P.I.C. Magazine
- Revive Magazine

## AS SEEN ON:

- Host of Nourish Your Soul Show (aired in 135 countries)
- Guest on Multiple Radio Shows & Podcasts
- Presenter – World Divination Association
- Presenter – StarCon Tarot Symposium
- Presenter/Moderator – Holistic Chamber of Commerce Global Panels